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#### TO ALL OF OUR FRIENDS AND ALUMNI

We're proud to reflect on many positive accomplishments we have made in spite of the difficulties the past year has presented.

The Community College Foundation remains strong with a continued focus on LRSC students helping to equip them for success. Philanthropy remains steady as community members, alumni, and others continue to send support for students with scholarship awards and program support. We also completed a very successful capital campaign for the Hofstad Ag Center thanks to many generous donors who believe in our students and the contributions agriculture makes to our community and state.

North Dakota legislators approved the ND Higher Education Challenge Fund for a fifth campaign which will end on December 31, 2022. Until then, qualifying gifts dedicated exclusively to advancement of enhanced academics will receive matching grant dollars in the amount of one dollar for every two dollars given. This offers an exceptional opportunity for you to create a new endowment or to increase the capacity of an existing endowment, but gifts of any size are welcome. More than ever before, our students and programs need the funding your gifts provide.

As summer comes to an end, many of us start looking toward year-end giving and helping others. This may include reaching out to students or individuals we don't personally know. A planned gift is any major gift, made within a lifetime or upon death, as part of a donor's overall financial and/or estate planning. This may include gifts of equity, life insurance, real estate, personal property, or cash. It enables philanthropic individuals to make larger gifts to charitable organizations than they could make from ordinary income. If you would like additional information about planned giving, please contact me. I will be happy to visit with you about your plans!

Sadly, our last two "Travel with the President" trips had to be canceled due to Covid-19 concerns, but we are planning and looking forward to our next scheduled trip in June 2022. Trip Coordinator Teresa Tande, President Darling and I look forward with great

anticipation to an upcoming trip to Spain! We are also planning to travel to Ireland, Scotland, and London in 2023. For more information, see page 18.

The LRSC 2021 Key Event is planned for October 22, 2021, at the Hofstad Ag Center. Planning is underway for the "best ever" event! Please stay tuned for more details.

If someone you know would like to subscribe to our Branches magazine, we will be happy to add them to our mailing list. We look forward to hearing from you!

Elonda Nord

Elonda Nord

Executive Director, Community College Foundation

#### NOTE FROM LRSC'S PRESIDENT

It's been a whirlwind of a 2021. We moved in to our Hofstad Ag Center in January when it was about 90% complete and plans are underway for a grand opening and ribbon cutting ceremony. We can't wait to show this wonderful educational facility to the community.

Twenty-twenty-one also was a legislative year and the session ran in a totally different format, which meant more testimony via technology and some in-person presentations. All committee hearings were "live streamed" and archived with the ability to watch later. The legislative assembly was good to higher education and Lake Region State College, including covering the remainder balance of the Hofstad Ag Center. Our great team of local legislators were very supportive and helped ensure the funds stayed in the final bill draft. The college's Foundation raised \$1 million during a pandemic and some hard agricultural times. This just shows the incredible support we have from businesses and residents in the Lake Region. Even when times are hard, they supported Lake Region State College. This herculean effort by the Community College Foundation was recognized and appreciated by legislators.

The spring semester ran smoothly with Royals Athletics teams completing their seasons, a face to face academic calendar completed, and in-person graduation returned. Graduation was also successfully live streamed with new IT equipment from Corona Virus Relief funds and this will be part of the new normal. We couldn't have asked for a better semester in light of the pandemic.

We are now ready for a great fall semester. Residence Halls, classrooms, and labs are spruced. Our volunteers from the campus Beautification Committee have the flower beds around campus looking great despite the drought. Painting, new carpet, musical offices, camps, pre-registration and students here are all signs fall is here.

It's always great to have the campus full of people again. There will be stories on how summer break was spent. Students will be arriving 15 minutes early for class – well for

the first week at least. Practices will be going in the gym each day. The smell of freshly combined grain fields will fill the evening air. I'm looking forward to fall semester and all that comes with it.

Doug Darling, Ph.D.

President, Lake Region State College

# AUGAINATERS financial aid waters

#### How am I going to pay for college?

That question is one of the first that comes to mind when students and parents are discussing education after high school.

The majority of college students apply for and receive some sort of financial aid, money which helps pay for college. Financial aid comes in the forms of grants, lowinterest loans, and/or student employment.

Financial aid information can be overwhelming to go through and can create hesitancy, but there are professionals who will help you navigate those waters. Kelsey Walters and Merissa Halvorson are two such friendly faces ready to guide students and their families through the processes necessary for completing their applications for aid.

You don't necessarily have to be in a low-income category to qualify for financial aid. Some students receive aid based on special achievements, while others receive aid based on financial need. "Need is the difference between what it costs to attend college and what a student and family is expected to contribute," says Kelsey Walters, director of Financial Aid at Lake Region State College.

In order to receive federal, state, or LRSC-sponsored aid, a student must be working towards a degree or certificate in an eligible program.

To apply and be eligible for federal financial aid programs, students must first complete the Free Application for Federal Student Aid (called FAFSA). The FAFSA is available at **www.studentaid.gov**.

"Filling out the FAFSA seems like a huge hurdle for many students, but it can easily be filled out. Students simply need to take the form step by step," Walters advises. Many high schools have financial aid nights and hold sessions that address many questions families have about the FAFSA and the financial process of paying for college. Topics covered include budgeting, awarding processes, and deadlines to help families feel more comfortable about college funding.

"We understand the process can seem complicated and unfamiliar, but we are here to help," Walters said.

For more information, call the Financial Aid Office at LRSC at (701) 662-1516.

#### Walters named Rookie of the Year

North Dakota's Association of Student Financial Aid Administrators awarded its Rookie of the Year Award to Kelsey Walters, Financial Aid Director at Lake Region State College.

The Rookie of the Year Award is given to a new NDASFAA member, institutional or associate, who within the last year has made a significant contribution to the association and has shown a commitment to students and the financial aid profession. The recognition can be either for an important single contribution or significant multiple contributions. The award is given in appreciation for the dedication and commitment the member has exhibited.

Walters became the LRSC Financial Aid Director in 2020 at the beginning of the academic year with only one other Financial Aid associate in the department. Kelsey dove into her new role learning the financial aid experience alongside that associate until she went on an unexpected medical leave and soon retired from the position altogether. Merissa Halvorson then joined the



# Choosing the caring path

People remember how you made them feel. Lifealtering events, choices, or memories can launch individuals into life-long missions or careers.

Karly Kennelly said she chose to become a nurse at the young age of five "after an antibiotic-related allergic reaction that could've been deadly if it hadn't been for the amazing emergency room nurses who sprang into

action right after my arrival."

A native of Grafton, North Dakota, athletics drew Kennelly to Lake Region State College, where she also found a wonderful Nursing program.

"I chose LRSC's Nursing program because it was small, close-knit, and a friendly environment. Plus, I was able to play sports at LRSC while going to nursing school!"

Each year, caring hearts choose to start a career in nursing through LRSC which provides nursing

education at its main campus in Devils Lake and at sites in Mayville and Grand Forks.

The features that Kennelly noted also influence other students to choose LRSC.

For Kristin Winnegge, the choice to go into nursing was to create a better life for her family. She chose the LRSC program because she was living in the Lake Region. Luckily, the closest college made sense.

"Before entering the Nursing program, I had worked with a lot of 'awesome' nurses, and I looked up to them. That made the student experience so much better."

Nursing educators at LRSC have a broad knowledge base. Lake Region State College is part of the Dakota Nursing Program—a collaboration of four colleges that offer nursing courses through video conferences and face-to-face labs and clinicals. Instructors are shared. Their combined knowledge of nursing practices and specialties is immense. The Dakota Nursing Program includes Bismarck State College, Dakota College at Bottineau, LRSC, and Williston State College.



choose to start a career in LRSC student nurses experience a variety of scenarios in their classroom nursing through LRSC and lab settings.

"As an instructor in the Dakota Nursing Program, seeing our students progress from their first semester their to pinning day leaves me in awe," said LRSC Nursing instructor Barb Haugland.

Students are tasked with numerous responsibilities that increase over each semester to prepare them to work in a variety of health care settings.

"Student nurses continue to strive for understanding of the process. They work

hard to achieve the knowledge they need."

Haugland added that whether it is in the simulation lab or a clinical setting, when a student provides successful patient care they beam with pride. That pride, she says, is her reward for being a nurse educator.

"Students don't always know it, but their success at becoming a good nurse is my goal achieved. And this goal can only be attained by the dance between the nursing student's responsibility for learning and their educator's responsibility for providing the learning environment," Haugland adds.

Winnegge, who graduated as an Associate Degree

Nurse (RN degree) in 2009, has come full circle since attending LRSC. Not only does the work at an area longterm care facility; she is also a clinical instructor at LRSC.

In the Lake Region State College Nursing program students can earn a Practical Nurse certificate in three semesters and an Associate Degree Nurse (RN) degree in as little as two years. They may then progress directly into a Bachelor of Science in Nursing (BSN) program.

Kennelly recently completed her BSN from NDSU and is working as an intensive care and dialysis nurse at two different hospitals in the Fargo area.

The numerous graduates each year find fulfilling careers with most staying in the state.

An employment survey of 2019-2020 LRSC Nursing graduates of both the PN and ADN programs showed that 97 percent of the respondents have remained in North Dakota and found employment in nursing, said Karen Clementich, director of the LRSC Nursing program. The survey was completed by 83 percent of Nursing graduates.

The need for nurses throughout the region remains strong and will for many years, Clementich added.

Labor market data indicate that there will be 2,311 openings for LPNs and 7,219 openings for ADNs through 2028 in North Dakota (Looking at the Future: 2020 Nursing Education, Supply and Demand Chartbook, 2020).

A variety of paths may lead to careers in nursing. Many may say that they were never 100 percent sure that they wanted to become nurses, but it almost was a calling, a passion. Some students start out as certified nurse assistants. Others come into the programs straight out of high school and some after time in the workforce in similar or completely different careers.

Graduate Amber Kruse started as a CNA.

"About three to six months after becoming a CNA, and thanks to great leaders and coworkers, I quickly knew I wanted more and was always intrigued with what the nurse's role was," Kruse said.

Kruse has been at Foster County Public Health in Carrington for about two years. Prior to that she worked 17½ years at the Carrington Health Center.

"My medical career started there, and I moved from EMT-B to CNA to LPN to RN," Kruse said.

Nursing instructor Melissa Moser started teaching with the college's Nurse Assistant program. Today, she works with students in both the Practical Nurse and Associate Degree Nurse areas.







LRSC student nurses experience a variety of scenarios in their classroom and lab settings.

#### **NURSING**

"We take students to clinicals at many clinical sites that now employ our nursing alumni. I love seeing them at the clinical sites and having students then learn from watching and working with them. They really enjoyed mentoring the new students. I love seeing former students excel at their positions in our communities."

Those alumni and veteran nurses also become mentors to new graduates entering the workforce.

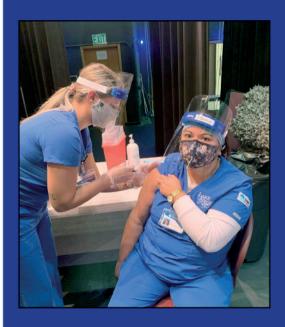
"When you start your career, don't be afraid of the older nurses who have been in the career for many years! They become some of the best mentors you will ever have! Outside of my awesome instructors, those nurses taught me more than they will ever realize. Their years of experience and expertise is immeasurable!," Kruse said.

Regardless of the path one takes to be a nurse, it is one of the most rewarding paths a person can walk.

Kruse admits earning the nursing degree is not always easy, but it is achievable and rewarding.

"Hard roads lead to successful futures! The first time you are caring for someone once you've become official is a bittersweet moment you will never forget."

#### **Flu Vaccine Clinic**





Influenza Vaccine Clinic at LRSC Fall 2020.



Anyone interested in applying for the Nursing program at Lake Region State College should call (701) 662-1644 or go to: **dakotanursing.org** 



#### Austin McClure Adelaide, Australia

**Major:** Business Administration (Accounting) & Automotive Technology

Member of Royals baseball team, resident hall assistant, and student employee

#### What do you like best about LRSC?

It would have to be the baseball team. I love playing the game at a high level with such great intensity.

#### Why LRSC?

I chose LRSC as it was very affordable and offered an excellent program in accounting. This, of course, was supported by the great baseball program offered by the college.

#### What would you tell future students?

To just enjoy the ride and try and make the most out of every opportunity presented.

#### Impact of scholarships:

Scholarships have had a profound impact on me and many students I know. LRSC offers so many good scholarships that have made my life at the college much more affordable, and they take away much of the stress with college finances.

#### What are your plans after LRSC?

I am transferring to Southwest Minnesota State to finish my bachelor's degree in accounting and to continue my baseball career.

LRSC is a great place to be, an excellent place to really grow as a person!



#### Maya Barendt Devils Lake, ND

Major: Business Administration (Management)

Member of Royals women's basketball team

#### What do you like best about LRSC?

Lake Region State College's faculty! They want students to be successful in and out of the classroom. These instructors provide encouragement and resources so students thrive.

#### Why LRSC?

I chose LRSC because of the size of the campus and the financial benefits I knew I would receive.

#### What would you tell future students?

I would tell future students to use all of the resources available to them and to form relationships with their instructors and other staff. Don't hesitate to ask questions or to ask for help, even if it doesn't deal with your classes, because the staff will do everything they can to make sure you get what you need.

#### *Impact of scholarships:*

Scholarships are so important. You can always find scholarships that apply to you. Take the step and apply!

#### What are your plans after LRSC?

My plans after LRSC are to earn a bachelor's degree and work on starting my own business. LRSC is a great place to start college. Everybody there truly cares about the success of their students.

### We. Change. Lives.

As staff and faculty at Lake Region State College, we have one thing in common; we want our students to thrive. From turning in that first homework assignment to passing that final exam, we are there every step of the way. LRSC alumna Sadie Hefta could not agree more.



Sadie Hefta

"The largest impact LRSC had on me was helping me get to know every instructor on an individual basis. All of the professors want their students to excel and reach their highest potential," she said. "I feel as though all of the instructors, faculty, and staff have had a significant impact on my success. They were all so willing to help, listen, and lead me in the right direction."

Hefta is grateful for the small class sizes, which helped her prepare for her career in the medical field. "I always knew I wanted to do something in the medical field. However, I was unsure of where exactly that would lead me," she said. "I was able to get a good amount of science/math classes out of the way at LRSC that were geared towards my future in the medical field. I loved the small class size, getting to know other students in my class, and feeling comfortable with going to a professor for any questions I had."

In addition to earning a quality education, LRSC proved to be a great choice for launching Hefta's academic career. "LRSC is a great first step to get generals out of the way with professors who care about your well-being and success as a student. It's also a great way to save money for your future," she added.

After graduating from LRSC in 2013 with an Associate in Arts degree, Sadie earned a Ph.D. in Physical Therapy from UND. Dr. Hefta is currently working as a physical therapist at Prime Therapy and Wellness in the City Plaza in Devils Lake.

"Work hard and don't procrastinate. Continue to work out and stay healthy and do things that are important to YOU. Most of all, enjoy it - it goes fast!" she says.

### Revving up a career

Brent Adrian arrived at Lake Region State College knowing he wanted to become an automotive technician.

Today, the LRSC Automotive Technology graduate is working in the field as service manager at Marketplace Ford Lincoln in Devils Lake.



Brent Adrian

The Binford, ND, native who earned his Associate in Applied Science degree from Lake Region State College in 2010, said there are many great aspects to the Automotive Technology program.

"Applying what you learn in the classroom in a lab setting boosts student learning and is one of the best parts of the program. The small class sizes and the one on one teaching made learning fun and content easier to absorb," he said.

Instructors make an impression, too. Not only are Lake Region State College instructors certified in the latest skills needed in today's automotive technology world, but they can also relate to their student body.

"Both my instructors Rick (McAllister) and Randy (Olson) made a HUGE impact on me. They were not only great instructors but were also great mentors, and are still close friends of mine today."

Excellent and caring instruction teamed with an affordable investment creates a win-win for students looking to prepare for a career without creating a large debt situation.

"When looking at college, give LRSC a chance. You will not be disappointed. The class sizes are perfect and the instructor to student relationships are ones that will last a lifetime."

Adrian advises future college students to also take the opportunity to take college classes in high school and keep working hard to reach goals.

"I like to refer to the quote that defines working hard: 'Be willing to do today what other won't, so you can do tomorrow what other can't.'"



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LOOKING BACK,

# PRESSING FORWARD



Students at

Meeting the needs of

Lake Region State College

As we look forward, the needs of LRSC students are still substantial. Pressing on, our plans include the following to meet these needs for scholarships.

As we move forward, would you like to continue to walk with us to meet these needs by making a gift from your (DAF) donor-advised fund?

Your DAF gift today will make an immediate and lasting difference in the lives of students, faculty, and staff at Lake Region State College, whom we serve.

As we look back over the past year, it has certainly been an extraordinary and challenging one for our country as well as the world. In spite of it all, we have faithfully carried on with our mission to "change lives."

Your loyal support for the work and mission of our organization does not go unnoticed. Thank you!



As a result of your generous support and partnership, the lives of over 300 students have been impacted in numerous ways over the past.

"These scholarships have meant so much to me! They've allowed me to focus on my coursework and given me the financial bump I needed to take a leap and enroll."

- Josephine Brodina Academic & Textbook Scholarship Recipient



#### LETTER FROM EDITOR

Who doesn't love Back to School season? Once the calendar flips to August, an anticipation grows that the best time of the year is soon here. I still get excited when I see Back to School ads in August. The retailers

can stop playing them in July, when we in the northern Plains are in the heart of summer. But come August, let's get ready!

As I've aged, preparing for another school year does have added stress from a growing to do list and getting my own kids ready for another year, but it's still thrilling.

We at Lake Region State College are eager to have a campus full of students taking that next step to making his/her career journey possible.



Erin Wood

As a small campus, faculty, and staff at LRSC are fortunate for an opportunity to really know our students and become part of their success team. Seeking out nursing graduates for the cover story wasn't difficult because at some point in their education our paths crossed because I took a group or lab photo, helped student nurses promote an event, recognized them at a scholarship dinner, or they gave me my flu shot.

Knowing these students and their stories makes our work rewarding.

Cheers to a great fall. Enjoy the latest issue of Branches.

Erin Wood Director of College Relations/Editor

#### SCHEDULE OF EVENTS

October 22, 2021

**Key Event** 

February 15-16, 2022

Named Endowment Recognition Event

March 2-8, 2022

Arizona Friend-Raising

April 21, 2022

Annual Scholarship Recognition Event

April 25-May 4, 2022

Annual Royal Art Festival

May 13, 2022

LRSC commencement

June 4-16, 2022

Travel with the President (France, Spain, Portugal)

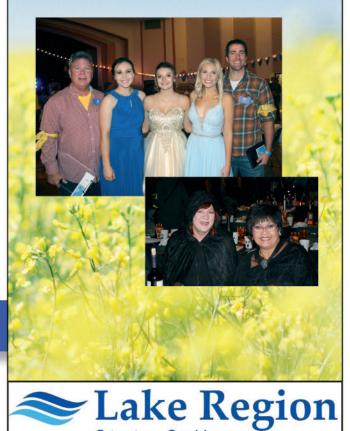


#### MARK YOUR CALENDAR

# KEYENT

#### Oct. 22, 2021 Come Show Your Royal Pride!

Join us for the 2021 Key Event – "ROYAL PRIDE: Outstanding in Our Field." On October 22nd, we will be celebrating all the great students and programs that Lake Region State College has. And one of the best parts of the entire event is that we are holding it in a new venue – on the LRSC campus in the Hofstad Ag Center! Watch for more details as they are available.



State College





# Lutheran Home of the Good Shepherd/LRSC enter into apprenticeship agreement

Apprenticeships are becoming a practice in the nursing world.

The LRSC Dakota Nursing Program and the Apprenticeship Office have collaborated to create the LPN Apprenticeship Program. This program is designed to meet workforce needs in North Dakota. Early in 2021, the North Dakota Board of Nursing approved nurse apprentices as an innovative education model/approach.

In June, the Lutheran Home of the Good Shepherd in New Rockford became the first healthcare facility to join into an apprenticeship agreement with Lake Region State College.

"I'm very excited to work with LRSC on the new LPN Apprenticeship Program. Our facility has so many employees that have great potential to advance in their roles here at LHGS, and this program will allow them the ease and convenience of continuing their education while working," said Peggy Dockter, director of nursing at Lutheran Home of the Good Shepherd.

In the LRSC apprenticeship model, the student can "earn while they learn", said Julie Traynor, Director of the Dakota Nursing Program.

"Many community college students need to work while they attend school," said Karen Clementich, LRSC nursing program director.



Kim Jensrud, CEO/Administrator, Lutheran Home of The Good Shepherd and LRSC President Doug Darling sign the agreements to bring nurse apprenticeship opportunities to the New Rockford facility.

The apprenticeship has ground rules agreed upon with the employer that provide a structured wage, set step increases, and opportunity for continued employment at the completion of the apprenticeship.

The combination of academic program requirements plus the apprenticeship (on-the-job learning, a mentor relationship with a staff nurse, and eventually a Department of Labor certificate of completion) provide a rigorous and sturdy base that socializes students to the nursing profession and prepares them for an in-demand and challenging career.



#### Hamre Named 2021 Coca-Cola Leaders of Promise Scholar

Jackson, Mississippi — Garyn Hamre from Lake Region State College in Devils Lake is one of 207 Phi Theta Kappa members named a 2021 Coca-Cola Leaders of Promise Scholar and will receive a

\$1,000 scholarship. Hamre is from Hampden, ND.

The Coca-Cola Leaders of Promise Scholarship Program helps new Phi Theta Kappa members defray educational expenses while enrolled in associate degree programs. Scholars are encouraged to assume leadership roles by participating in Society programs and are selected based on scholastic achievement, community service, and leadership potential. More than 900 applications were received.

A total of \$207,000 is awarded through the Leaders of Promise Scholarship Program. The Coca-Cola Scholars Foundation provides \$200,000 in funding for the scholarships, with \$25,000 set aside for members who are veterans or active members of the United States military. The remaining amount is supported by donations to the Phi Theta Kappa Foundation and provides seven Global Leaders of Promise Scholarships, earmarked for international students.

"The Coca-Cola Scholars Foundation has a long history of providing financial assistance to outstanding students at

community colleges," said Jane Hale Hopkins, President of the Coca-Cola Scholars Foundation. "We are proud to partner with Phi Theta Kappa to make it possible for more deserving students to achieve their educational goals and support tomorrow's leaders of the global community."

The funds provided by the Coca-Cola Scholars Foundation not only aid college completion, but also give students the opportunity to engage in Society programs and develop leadership skills to become future leaders in their communities.

"Research shows that Phi Theta Kappa members are four times more likely to complete a college degree than their peers," said Dr. Monica Marlowe, Executive Director of the Phi Theta Kappa Foundation. "The Leaders of Promise Scholarships recognize students for what they have achieved already and assure that financial need isn't an obstacle to achieving their academic goals."

#### About Phi Theta Kappa

Phi Theta Kappa is the premier honor society recognizing the academic achievement of students at associate degree-granting colleges and helping them to grow as scholars and leaders. The Society is made up of more than 3.5 million members and nearly 1,300 chapters in 10 nations, with approximately 240,000 active members in the nation's colleges. Learn more at ptk.org.

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# Friend-Raising Social Event in Arizona 2022



We can't wait to see you in sunny Arizona

We may have had to postpone our friend-raising social event in Arizona in 2021, but we are already planning our 2022 March trip. Mark your calendars and make plans to join us at the Apache Wells Country Club in Apache Wells, Arizona on Friday March 4, 2022. LRSC President Dr. Doug Darling and Community College Foundation Executive Director Elonda Nord will be on hand to share campus news and updates as well.

"We are proud of our campus and the many accomplishments we have had during the past year. The academic programs, our students, faculty, and staff have been resilient. The completion of the Hofstad Ag Center is an amazing accomplishment amid a pandemic and unsettled agricultural economy," Nord states.

We look forward to reconnecting with our many friends and making some new ones too! Please plan to join us in the beautiful Arizona desert for light appetizers and socializing between 2:00 and 5:00 pm.



#### **TRAVEL**



French Riviera

As people are slowly making their way back to traveling, the Lake Region is presenting a wonderful opportunity available to anyone over 21 who would like to see corners of the world hassle free. Lake Region State College is once again offering a "Travel with the President" tour hosted by President Doug Darling and First Lady and tour Coordinator Teresa Tande Darling.

Explore some of the world's most attractive destinations! Southern France, Spain, and Portugal are bursting with personality and beauty, making the possibilities for cultural discovery virtually endless. Set off on this guided adventure to soak in Mediterranean sunshine in Nice, take relaxing siestas in Barcelona, admire renowned artwork in Madrid, and visit some of the most stunning vistas Europe has to offer. This wonderful tour will wrap up in Lisbon, a beautiful maritime city where every sidewalk is a work of art.

The tour includes 10 nights in hand-picked hotels, guided sightseeing tours, expert guides, and a train ride. Highlights include the French Riviera, Calanques of Cassis, Avignon's Papal Palace, Carcassonne, La Sagrada Familia temple, the Royal Palace, and the Prado Museum. You will walk for about two hours daily

across mostly flat terrain, including paved roads and cobblestone streets.

Travel dates are June 4-15, 2022. If you'd like to take part in this fantastic adventure, learn more at grouptoursite. com/tours/sf2022 or call 1-800-248-7672. To speak to our local Study Abroad Coordinator, contact Teresa Tande at (701) 662-8062 and leave a message, or call Elonda Nord in the LRSC Foundation Office at (701) 665-4639.



Avignon's Papal Palace



Calanques of Cassis

# As Easy as 1-2-3: Sign Up, Pay Up, Show Up ...

... and you will travel to parts of the world you may have only dreamed of seeing.

The Community College Foundation is moving forward with "Travel with the President" tours which were canceled in 2020 and 2021 due to COVID. Now, it is safe to travel, so please join President Doug Darling and Tour Coordinator Teresa Tande Darling for two amazing trips! In addition to the intriguing sites, the trip is truly as easy as sign up, pay up, and show up! The EF Go Ahead Company takes care of the rest. Your lodging is covered, complete with breakfasts; your transportation is arranged; tickets are purchased; and professional guides are hired who will take you to the highlights of each area. You only have to buy your own souvenirs, lunches, and only a few dinners. What could be easier?

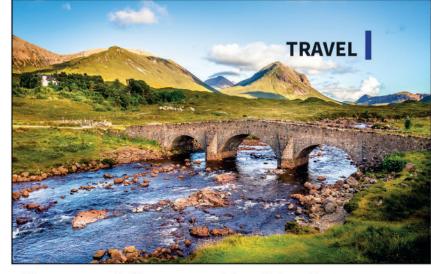
#### 2022: Southern France and Spain with two-day extension to Lisbon, June 4-15, 2022

The 2022 trip begins in Nice, the capital of the French Riviera. Enjoy the coastline of the Mediterranean, or if you're feeling lucky, go to Monaco ruled by the Grimaldis, Europe's oldest royal family, and try your luck in the Monte Carlo Casino. Continue along the Mediterranean coast with its mesmerizing blue waters to the city of Avignon which took the place of Rome in the 1300s. Seven popes served from here. In 2013, Avignon was deemed the Capital of Culture in Europe, and no surprise, it is home to a dozen or more museums and boasts over 150 mansions!

Moving on from France, but still following the Mediterranean coastline, visit Barcelona in Southern Spain. Anthony Gaudi, a famous architect, dominates the sites to see from the infamous Park Güell which Gaudi designed to towering--yet unfinished-- La Sagada Familia, a small Roman Catholic basilica. If you so choose, you can visit the ninth-century Monastery of Montserrat; if conditions are right, you may even see the cherished Black Virgin. Close out your time in Madrid with a rousing authentic Flamenco Dinner Show.

A bit further inland, the next stop is Madrid. Although known for many things, it is most famous for the Prado Museum. Attend a traditional Spanish Evening and

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Dinner, serenaded by tuna musicians. Take a day to see Toledo, a cliff-top city and home to a Gothic cathedral that has over 750 stained glass windows. End your trip in Lisbon, Portugal, a beautiful maritime city where every sidewalk is a work of art. This time you can choose yet another musical evening with another distinct style of music, the fado, Portugal's national music treasure with mournful lyrics about love and life. Most importantly, do not leave Lisbon without sampling Ginjiha, a cherry liqueur served in a chocolate cup.

To learn more, go to grouptoursite.com/tours/sf2022; or contact Teresa.Tande@lrsc.edu; or call her at (701) 662-8062 and leave a message. You may also call the Community College Foundation Office at (701) 665-4639.

#### 2023: Scotland and Ireland and a two-day extension to London, June 3-16, 2023

Plan ahead and save \$100 by also signing up for the next (fourth) Travel with the President excursion. Make memories with your family or friends as you join President Doug Darling and trip coordinator Teresa Tande Darling on a 13-day trek through Ireland and Scotland with an extension to London. Ireland's shades of green fill the countryside, broken up only by rows of rocks and dots of white sheep and an occasional castle. A leisurely bus ride along the coastline of Southern Ireland features cliffs beaten by waves from the Atlantic. See how a real Irish jig is performed, and enjoy some authentic Irish stew. Kiss the Blarney Stone, and enjoy a feast in a castle. No trip to Ireland would be complete without a visit to an Irish pub in Dublin. But this is only the halfway mark. In Scotland, view the purple heather of the Highlands, and try your luck spotting Nessie at Loch Ness. Take a bagpipe lesson, and explore Edinburgh Castle and more. Enjoy the benefits of traveling with a full-time guide and all transportation, tickets, and tips settled in advance.

If you have questions, contact Teresa Tande by email at teresa.tande@lrsc.edu; or call her and leave a message at (701) 662-8062; or contact the LRSC Foundation Office at (701) 665-4639. For more details or to sign up, call EF GoAhead at 1-800-748-7672 or visit their website at https://grouptoursite.com/lrsc.

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